

This script is obviously just the Liturgy of the Word, taken from the old Latin Rite. I've made a few minor changes, here and there, to make it suitable as a means to start support / prayer meetings.

The concept is simple. Start the meeting with worship. Have some readings from the Bible. Have some sort of lesson (generally one that shows a connection between the Bible passages and the struggle focused on in the support group). Finally, have some free discussion time, or break into smaller groups where you can discuss.

If a priest is available, then He should "lead" the worship. If not, anyone can, since it's just reading. Of course, I used the word "leader" here only for lack of a better word. In a support group, no one should actually lead the group. A support group consists of peers, helping and supporting one another.

If no priest or deacon is available to give homilies, then that part of the meeting is probably best spent reading from a pre-chosen book... preferably one that focuses on pornography addiction and has a Christian approach.

LEADER: Let me remind everyone here that this meeting is anonymous. We agree not to discuss with those outside this meeting the nature of this support group, who belongs to it, or what is said here. What happens in our group stays in our group. This is a safe place for us to share with each other and support one another.

LEADER: I will go in unto the altar of God.

ASSEMBLY: To God who giveth joy to my youth.

LEADER: Judge me, O God, and distinguish my cause from the nation which is not holy: deliver me from the unjust and deceitful man.

ASSEMBLY: For Thou, O God, art my strength: why hast Thou cast me off? and why go I sorrowful whilst the enemy afflicteth me?

LEADER: Send forth Thy light and Thy truth: they have conducted me and brought me unto Thy holy mount, and into Thy tabernacles.

ASSEMBLY: And I will go into the altar of God: to God who giveth joy to my youth.

LEADER: To Thee, O God, my God, I will give praise upon the harp; why art thou sad, O my soul, and why dost thou disquiet me?

ASSEMBLY: Hope in God, for I will still give praise to Him: the salvation of my countenance and my God.

LEADER: Glory be to the Father, and to the Son, and to the Holy Ghost.

ASSEMBLY: As it was in the beginning, is now, and ever shall be, world without end. Amen.

LEADER: I will go in unto the altar of God.

ASSEMBLY: To God who giveth joy to my youth.

LEADER: Our help is in the Name of the Lord.

ASSEMBLY: Who made heaven and earth.

ALL: I confess to almighty God, to the blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, to all the Saints, and to you, brethren, that I have sinned exceedingly in thought, word, and deed,

Here, beat chest three times.

through my fault, through my fault, through my most grievous fault. Therefore I beseech the blessed Mary, ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, brethren, to pray to the Lord our God for me.

LEADER: May the almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

ALL: Amen

LEADER: O God, Thou wilt turn again and quicken us.

ASSEMBLY: And thy people shall rejoice in Thee.

LEADER: Show us, O Lord, Thy mercy.

ASSEMBLY: And grant us Thy salvation.

LEADER: O Lord, hear my prayer.

ASSEMBLY: And let my cry come before Thee.

LEADER: The Lord be with you.

ASSEMBLY: And with thy spirit.

LEADER: Let us pray.

LEADER: Take away from us our iniquities, we beseech Thee, O Lord, that we may be worthy to enter with pure minds into the Holy of Holies, through Christ our Lord.

ALL: Amen.

LEADER: We beseech Thee, O Lord, by the merits of Thy Saints, that Thou wouldst vouchsafe to forgive me all my sin

ALL: Amen.

INTROIT

LEADER: Lord, have mercy.

ASSEMBLY: Lord, have mercy.

LEADER: Lord, have mercy.

ASSEMBLY: Christ, have mercy.

LEADER: Christ, have mercy.

ASSEMBLY: Christ, have mercy.

LEADER: Lord, have mercy.

ASSEMBLY: Lord, have mercy.

LEADER: Lord, have mercy.

LEADER: Glory be to God on high, and on earth peace to men of good will.

ALL: We praise Thee. We bless Thee. We adore Thee. We glorify Thee. We give Thee thanks for Thy great glory. O Lord God, heavenly King, God the Father almighty. O Lord Jesus Christ, the only begotten Son. O Lord God, Lamb of God, Son of the Father.

Who takest away the sins of the world, have mercy on us. Who takest away the sins of the world, receive our prayer. Who sittest at the right hand of the Father, have mercy on us. For Thou only are holy. Thou only art the Lord. Thou only art most high, O Jesus Christ. Together with the Holy Ghost in the glory of God the Father. Amen.

LEADER: The Lord be with you.

ASSEMBLY: And with thy spirit.

LEADER: Let us pray.

COLLECT

ASSEMBLY: Amen

EPISTLE

ASSEMBLY: Thanks be to God.

THE GRADUAL

LEADER: Cleave my heart and my lips, O almighty God, who didst cleanse the lips of the prophet Isaias with a burning coal, and vouchsafe, through Thy gracious mercy, so to purify me, that I may worthily announce Thy holy Gospel. Through Christ our Lord. Amen.

LEADER: The Lord be with you.

ASSEMBLY: And with thy spirit.

LEADER: The continuation (or beginning) of the holy Gospel according to N...

ASSEMBLY: Glory be to Thee, O Lord.

THE GOSPEL

ASSEMBLY: Praise be to Thee, O Christ.

LEADER: By the words of the Gospel may our sins be blotted out.

Here, all sit and listen to a short lesson about the Gospel and/or readings by the priest (if he is leading the meeting) or service leader. If no ordained minister is available, then it would be better for the leader to read a lesson from a specified book.

LEADER: I believe in one God, the Father almighty, Maker of heaven and earth, and of all things, visible and invisible.

ALL: And in one Lord Jesus Christ, the only begotten Son of God. And born of the Father, before all ages: God of God: Light of Light: true God of true God. Begotten, not made, consubstantial with the Father, by whom all things were made. Who, for us men, and for our salvation, came down from heaven.

Here kneel down.

And became incarnate by the Holy Ghost of the Virgin Mary: and was made man.

Rise again.

He was crucified also for us, suffered under Pontius Pilate, and was buried. And the third day He rose again according to the Scriptures. And ascended into heaven, and sitteth at the right hand of the Father. And He shall come again with glory to judge both the living and the dead, of whose kingdom there shall be no end. And in the Holy Ghost, the Lord and Giver of Life, proceeding from the Father and the Son. Who together, with the Father and the Son, is adored and glorified: Who spoke by the prophets. And in one, holy, Catholic and Apostolic Church. I confess one baptism for the remission of sins. And I look for the resurrection of the dead. And the life of the world to come. Amen.

LEADER: The Lord be with you.

ASSEMBLY: And with thy spirit.

LEADER: Let us pray. Instructed by Thy saving precepts, and following Thy divine institution, we are bold to say:

ALL: Our Father, who art in heaven, hallowed be Thy Name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation. Amen.

Here the group should begin open discussion. Each member should give a brief introduction and update on their progress.

Sharing with the group should happen one person at a time, with no actual conversations. Each person shares with the whole group and does not exclude anyone by talking directly to a specific person in the group. As each individual shares, he should have no interruptions and should limit his 'floor time' to five minutes.

Other group members may wish to address a concern by another member, but should do so during their own floor time.

All members should refrain from giving direct advice. The purpose of a support group is to support—not to fix. Leave fixing for trained professionals. The group consists of peers who share a struggle and who can relate to one another.

Open share time should consist of the introductory 'check-in' and then a few questions that concern the readings or teaching (homily) relating to sexual addiction.

The end of the meeting should have a prayer—an Our Father and a Hail Mary would be most appropriate.